

## **ADVANCED TRAINING CLASS DESCRIPTION**

### **MEDICATION ADMINISTRATION**

This 2- hour class is for Resource Parents (Non- Licensed Personnel). During this class participants will be informed of their role and purpose, learn drug dynamics and types of medications. Resource Parents will learn how to identify common drug side effects, practice documentation with a medication log, and identify the six rights of medication administration. Participants will also learn what to do if a medication error occurs, learn current licensing regulations, learn the importance of accurate record keeping and learn proper procedures for preparing and administering medications.

### **CARING FOR THE MEDICALLY FRAGILE CHILD**

**THIS CLASS CONSISTS OF 14 TOTAL CREDIT HOURS.** To gain credit as a Medically Fragile Resource Parent, participants are required to take **12 hours of specific training on Caring for the Medically Fragile Child @ 6 hours a day for 2 consecutive scheduled days. In addition, 2 hours of Medication Administration Training is required.** Resource parents **MUST** take both sets of class types to be recognized as a Medically Fragile Resource Parent. The Medically Fragile course will offer Resource Parents basic information on the 3 Key Categories of Medically Fragile, Medically Fragile Infant Care and Development, Medically Fragile Substance Exposed Infants, Children and Youth who are diagnosed with specific Developmental Disabilities. Resource parents will learn specific issues of attachment, grief and loss that affect children who are medically fragile as well as be introduced to other issues such as but not exclusive of HIV, Blood Borne Pathogens, Documentation, Discharge, Planning and Advocacy. Area medical professionals, Para- Professionals and CAZ Staff will present this valuable information. Families caring for children specifically between the ages of birth to 2 years old are required to take this class.

### **MANAGING ABUSED OR NEGLECTED CHILDREN**

This class will assist Resource Parents to consider the range in levels of intervention that may be needed or utilized to assist a child in out of home care who has been neglected or abused. This class will provide many strategies for enhancing safety, welfare and well-being at both the prevention and intervention levels.

### **BLOODLINES: FETAL ALCOHOL EFFECT (FAE) & YOUR CHILD**

Fetal Alcohol Effect (FAE) is a milder version of birth defects (FAS- Fetal Alcohol Syndrome) found in some babies of women who drank less during pregnancy than those who drank heavily. In this class participants will be introduced to some of these milder effects such as, but not exclusive of: heart, lung and kidney defects along with behavioral problems seen most often in FAE children and youth. Participants will receive information and resources about current services that are available.

### **CULTURAL AWARENESS SERIES: Positive Parenting**

This workshop will provide a clear understanding of rights and responsibility of parenting. Parents will get a better idea of how to foster an atmosphere of trust by understanding how culture impacts overall identity. During this class parents will receive tools to aide in identity development, cultural cues, assimilating, acculturation, code switching and coping strategies. This workshop will demonstrate ways parents can be responsible in teaching cultural identity and upholding a moral responsibility.

### **CULTURAL AWARENESS SERIES: User Friendly Environment**

This workshop will provide an understanding on how environmental factors have a stronger influence on children than parental influence. This workshop demonstrates ways to produce an environment that is safe, happy, fun-learning environment for the family. It will give parents a chance to take a deeper look into how society and home life can influence a child on a social, emotional, and physical level.

### **CULTURAL AWARENESS SERIES: Positive Discipline**

This workshop will introduce the top five elements of positive discipline using two major curriculums. The workshop will provide insight to the history of discipline and cultural difference related to discipline. This workshop will provide parents with ways to handle the power struggle between a parent and child in a healthy way. It will teach parents how to respond effectively rather than emotionally while fostering a compliant child. Parents will be able to learn and understand how to use positive affirmation instead of emotional strategies.

### **CULTURAL AWARENESS SERIES: Inclusion**

This workshop focuses on an interdisciplinary approach to involve family, friends and community in the process of the one's family. It will provide strategies to get everyone a positive understanding of cultural competence and healthy boundaries. The course will provide several resources and identify a customized pathway for each family to adopt during this journey.

### **DRUG TYPES AND THEIR AFFECT**

There is a wealth of information about drugs and their effects. This class presentation will detail types of drugs, their effect on the body and some changes in society because of their prevalence in virtually every community. In this class participants will learn positive strategies that they can use when faced with a person who is affected by drug use.

### **FOSTER CARE SPA RETREAT**

This is a MUST ATTEND class for those who often find themselves caring for others. In this class, participants will learn about and discuss therapeutic, homeopathic, other natural anecdotes and remedies for stress, exhaustion, anxiety that come into play while caring for your family. This workshop will give participants ways to improve mental, physical, emotional and inner spirit in an effort to become the best they can be.

### **FOSTER CHILDREN and YOUTH WHO HAVE DISCLOSED THEY ARE GAL, LESBIAN, BI-SEXUAL or are QUESTIONING**

Children and Youth struggle with the changes of growing up. One area that has gained concern is the sexual orientation of children and youth. This class will present facts about GLBQ children and youth as well as uncover associated myths about GLBQ initial orientation. This class will cover issues of conflict and rejection that GLBQ children and youth in care may face, the impact of the family's reaction to the revelation of the child's sexual disclosure. The class will also be informed of the health, safety and well being issues of GLBQ children and youth.

### **FOSTER DAD TRAINING**

Fatherhood in foster care does not always get the attention it deserves. There are some feelings, issues and concerns shared by foster fathers that are not always addressed in the larger scheme of things during many of our advanced trainings. This course will address those very special issues in foster parenting for foster dads including sustaining and building relationships, shared parenting with the biological family, shared care and responsibilities of children in out of home care, changes in home life and much more.

### **HELPING THE SEXUALLY ABUSED CHILD**

There are many factors that affect how a child reacts to or how they are affected by sexual abuse. Some issues of sexual abuse are known when a child comes into care. Many issues and behaviors arise after a child has been placed. This class will address types of sexual abuse, child and youth behaviors associated with various types of sexual abuse and ways you can improve the safety and well being of a child placed in your home who has been sexually abused.

### **PREPARING YOUR YOUTH OR TEEN FOR ADOPTION**

It is important that Resource Parents caring for Youth and Teens who are or will be legally free for adoption be able to effectively plan, prepare and help a child transition from a foster home to a forever home or to become efficiently independent. During this class participants will be introduced to the 3-5-7 Model: Preparing Children for Permanency developed by Darla L. Henry.

### **REACTIVE ATTACHMENT DISORDER**

Reactive Attachment Disorder (RAD) is a complex psychiatric illness; one that often presents itself by the age of 5 year in children. During this class participants will learn RAD characteristics, it affects a child's development and well-being along with ways to help themselves and child manage his/her behavior.

### **STRIKING A BALANCE WITH SHARED PARENTING**

Shared Parenting is an important and sometimes difficult part of fostering children. In this class you will learn ways to work in partnership with the bio family and agencies associated with the child and family. The class will cover ways to decrease defiant behaviors of both the bio parent and the child in care, resolve loyalty issues of children in care. Other areas covered will include how to reduce conflicts with bio families over various issues such as grooming and ethnic identity and understanding why it matters. Best practices will be shared (CFT, TDM, the first 24 –Hours, etc.) that can help enhance your shared parenting experience.

### **WIRED FOR SUCCESS: STRATEGIES FOR EARLY CHILD DEVELOPMENT**

NDI's *Wired for Success*<sup>®</sup> program ( New Directions Institute ) This is a four-hour workshop for parents, caregivers and interested community members. This workshop is fun-filled; with hands-on experiences that show caregivers how critical their role can be in stimulating a child's development. Participants will explore brain development based on S.T.E.P.S.<sup>SM</sup>, the NDI curriculum concentrating on Security, Touch, Eyes (vision), Play and Sound modules. Participants will learn how to encourage a child's learning through parent-child interactions in these areas. This class is presented by New Directions Institute for Infant Brain Development.