

MID-CENTRAL KARE NEWS



A Program of Arizona's Children Association
in Partnership with Marley Foundation

COMMUNITY NEWS

Together We Care

Arizona Conference on Caregiving
Thursday, Nov. 5th, 2009
8-4:30 pm

Caregiving that makes a difference in the lives of all Arizonans!

**Volunteer & Family Caregivers • Kinship Caregivers •
Direct Care Workers • Industry Employers • Nonprofit
Community Organizations • Multicultural Caregivers**

North Phoenix Baptist Church
5757 N Central Ave.

Caregivers \$7 per person or \$10 per couple. Professionals
\$30. Register at azcaregiver.org or call Kim for more
information 480-986-9209

Read to Kids Day!

Wednesday, October 28, 2009
For Children Birth to Kindergarten Only

Take a few minutes out of your day to read to a child. Contact Sun-
life, Head Start, a child care center or elementary school
(Kindergarten class) of your choice and schedule a time to read.
When children are read to they acquire a love for reading, build a
strong vocabulary and develop healthy brain connections.

For every volunteer who reads on October 28, 2009, Success By 6,
with the generous support of our sponsors will donate a new book
to that classroom's library. As an additional benefit each child that
attends the event will receive one age appropriate book of their
own to take home.

Free Community Dinner:

Every Monday night--Serving from 5:00-6:30 pm--At Mountain
Bible Church 302 E Rancho Road Building C (East Building)
Payson --All are welcome and invited!!!

YOUR VOICE COUNTS PICNIC!

Peers, Family members – any person that is receiving services
at any Cenpatico provider agency. Wear your play clothes and
join the fun at Rumsey Park, Payson.

Saturday, October 3rd, 2009
11:00 am to 4 pm
Ramada #4

Chili contest, food, games, kids activities, information tables
and raffle drawings. Call Diane Taylor at 1-866-495-6738 x
26154 for more information.

October 09

What's Inside:

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SUPPORT GROUPS

Please call facilitator to confirm dates and times before your
first visit.

Kinship Education and Encouragement Groups

KARE is sponsoring 2 new groups where kinship
caregivers can gather in a safe environment to learn about
issues relevant to kinship providers, and to build new
friendships and networks. Scheduled topics include:

- What have I gotten myself into: Exploring mixed
feelings.
- Assistance programs
- Parenting Strategies
- Advocating for yourself and your child
- De-stress! Taking care of you.

Apache Junction: Meeting October 8th. 2nd Thursday of the
month, 6:30-7:30 pm. AJ Multigenerational Center (1035 N.
Idaho Rd. Rm. 119). Refreshments provided. Free childcare
available for 18 months to 8 years (space limited –advance
notice required). Please call Kim for info. 480-986-9209.

Queen Creek Meeting October 24th. 4th Saturday of the
month, 10:30-11:30 am. Skyline Ranch K-8 (1084 W. San Tan
Hills Dr. Library). Refreshments provided. Call Kim for info
480-986-9209.

Kinship Families / Relatives as Parents

Apache Junction (MiKid: meets at Horizon Bay, 2080 S.
Ironwood Dr.) 1st Wednesday of the month, 10:00am-Noon.
Call Erica Hatcher 602-253-1240 or 602-826-2413.

Casa Grande (Seeds of Hope: Westside Community Center:
525 W Melrose) 3rd Monday of the month, 6:15-7:30pm.
Dinner and childcare provided. Call 520-836-6335.

Mesa (Family Resource Center: 817 N Country Club Dr.)
RAP: Relatives as Parents Support Group: 1st. Tuesday of the
month, 6-7:30 pm. Childcare provided with advance
registration. Call 480-834-9424

WORKSHOPS/TRAININGS

Apache Junction/Gold Canyon:

Discovery Kids: Ongoing Group starts Saturday October 3rd in Queen Creek at the Copper Basin YMCA (28300 N Main St.) 10am to 12:30; First Saturday of every month

Arizona's Children Association proudly brings you a skills training group that is focused around helping children (ages 6-10) identify and use their positive skills in everyday situations. Skills lessons will be presented through arts, crafts, and games. Topics will include hygiene, manners, emotions, respect, boundaries, friendships, communication and more. This group is set to meet once a month. Apache Junction group coming soon. **Please contact your Case Manager for details or to enroll.** (Children must be enrolled in behavioral health services to participate) All referrals are to be sent to Melissa Magana, Program Coordinator, at 520-723-6896 fax or mmagana@arizonaschildren.org.

RAP Class: Are you a caregiver raising your relative's children? Would you like to catch up on the latest parenting information as well as learn about special topics related to parenting? 7 week classes start 10/27. Tuesdays, 6-7:30 pm.

RAP kids: This 7 week support group is offered for children ages 8-12 who are being raised by a relative. The children will have the opportunity to discuss their unique situations in a supportive environment as well as improve on emotion management, self-esteem development, and social skills. Relative caregivers will need to attend the RAP class. Tuesdays, 6-7:30 pm. (classes are held at the Family Resource Center: 817 N Country Club Dr. **Mesa**. Call 480-834-9424 for information or to register)

Casa Grande:

Letting Go: November 7, 2009 10am-1pm
Helping kinship caregivers and foster parents deal with attachment. How to go through separation, grief, anger and acceptance if the children return to their birth families.
Horizon 5497 W. McCartney Road, Casa Grande, AZ 85294
Trainer – Alicia Alvarez
Childcare will be provided for children 10 years old and under. This service will be provided for AzCA enrolled families ONLY! To sign up for these trainings and also to sign up for childcare email Janeen Neal at jneal@arizonaschildren.org or call 520-423-8434.

Globe:

Wired for Success: Wednesday, October 21st. 2009 8:30 am to 12:30 pm. Cobre Valley Community Hospital, Room Mom-B. Wired for Success addresses cutting edge developments in neuroscience and presents practical ways to stimulate brain development in young children. This FREE workshop is a must for parents and caregivers of infants and toddlers! Pre-registration required by calling 602-371-1366.

Payson:

Brown Bag Lunch: Monday, October 19th, from 11:30 a.m. – 1:00 p.m. We will meet at the Police Station classroom and Payson CPS Manager, Cate Shaw, will cover the concepts of "Risk and Safety". She will also answer questions that you may have; don't miss this opportunity to talk directly to Cate. See you there!!

FEATURED RESOURCES

Employment Assistance: An amazing new FREE resource for job seekers couldn't have come at a better time! Please visit Tinashouse.org or call Tina Conner at 520-464-2449 for current statewide job postings for youth and adults, resume and interview prep assistance, job coaching and more!

Food Boxes: While the economy continues to decline, grocery costs continue to rise. Don't let your family go hungry! You can log into <http://www.azfoodbanks.org/?action=directory> and enter your zip code to find the food boxes and meals closest to you.

Rental and Utility Assistance:

CAHRA will be receiving over \$1M of new funding to provide utility and rental assistance after October 1, 2009. In some situations, families can receive monthly help for up to 18 months. Funds will be disbursed according to a monthly budget, so Call CAHRA at 520-466-1112 or 877-472-2472.

Health-E-App: www.healtharizona.org

Don't stand in line for hours! Health-e-Arizona is an on-line application for Arizona residents. You can apply for AHCCCS, Food Stamps, and Cash Assistance.

Phone Friend: Help with homework, stories, and games. Kids can call **800-308-2000** or go online at www.phonefriendaz.org Mondays thru Fridays from 1:00 to 6:00 pm. Phone friend is a program of the Association for Supportive Child Care.

\$10,000 Scholarships for Minority and Female Students:

Nationwide - DiversityScholarships.com is giving away a \$10,000 scholarship every single month to a high school or college student who is 18 years of age or older. The scholarship award can be used to pay for tuition, books, housing, and more. To apply, students simply have to register online, view free information from sponsor colleges and universities, and then confirm their registration. Applicants must have at least one parent that is an African American, Hispanic American, Asian American, or Native American. Female students of all ethnicities are also eligible. For more details, visit: www.DiversityScholarships.com

