



ARIZONA'S CHILDREN
ASSOCIATION

Protecting Children. Preserving Families.
Across Arizona Since 1912.

**TUBA CITY
SERVICES AND RESOURCES**
for
CHILDREN, YOUTH AND FAMILIES

2008

Compliments of the

KARE Program

Support for Families Raising Relative's Children

A Program of Arizona's Children Association

In Partnership with the Marley Foundation

MEDICAL ASSISTANCE

SACRED MOUNTAIN MEDICAL SERVICE

- Non-emergency medical transport
- **928-283-5355**
- for medical emergencies, dial the Police at
928-283-3111

TUBA CITY INDIAN MEDICAL CENTER

- Specialties of OB-GYN, Family Medicine, Pediatrics, Internal Medicine, Surgery, ENT, Ophthalmology, Psychiatry, Anesthesiology, Orthopedics, Radiology & Emergency Medicine
- North Main Street
- **928-283-2501**

MENTAL HEALTH ASSISTANCE

TUBA CITY REGIONAL HEALTH CARE CORP.

- Counseling services include: emotional, grief, anger, stress, marital relation, domestic violence, physical abuse, emotional abuse, sexual abuse, seriously mentally ill, ADHD.
- Serves children ages six and older, adolescents and adults.
- 167 Main Street, North wing of 'old hospital'
- **928-283-2831**

PRE-SCHOOL / CHILD CARE

CHILD CARE & DEVELOPMENT FUND PROGRAM

- Provide parents with a broad range of options for childcare needs: center-based care, group-home care, family-home care, in-home relative care, and sectarian care.
- Provide low-income families with financial resources
- Main Street at Dookoosliid Business Bldng, Ste 202
- **928-283-3470**

HOPI HEAD START

- Pre-school for children ages 3-5
- Free to low income families
- Parent programs offered
- Village of Moenkopi
- **928-283-3223**

NAVAJO HEAD START

- Pre-School for children ages 3-5
- Home-based program available
- Free for low income families
- Programs for children with disabilities
- 230 S. Main Street
- **928-283-3223**

SCHOOLS

ALTERNATIVE SCHOOL

- Grades 9-12
- **928-283-1070**

GREYHILLS ACADEMY HIGH SCHOOL

- Grades 9-12
- 160 Warrior Drive
- **928-283-6271**

FINANCIAL ASSISTANCE Continued

NAVAJO NATION SELF-RELIANCE – CASH BENEFITS (Dept. of Economic Security)

- TANF (Temporary Assistance for Needy Families)
- North Main Street next to fires station
- P.O. Box 130, Tuba City, AZ 86045

NAVAJO TRIBAL UTILITY AUTHORITY

- Offering a 10% discount to residents ages 60 or older with an income below \$21,000
- **928-283-5421**

NAVAJO TRIBAL UTILITY AUTHORITY

- Offering college scholarships
- <http://www.ntua.com/>

- 928-729-5721 ext 2152

UTILITY PAYMENT ASSISTANCE – SOCIETY OF ST. VINCENT DE PAUL

- Intake and information process every Sunday from 10am-10:30am
- Social Room at St. Jude Catholic Church
- 100 Aspen Dr. – Behind the Quality Inn
- 928-283-5391

FOOD ASSISTANCE

FOOD BANK – ST. JUDE CATHOLIC CHURCH

- Free Emergency food boxes available to all
- Healthy Native Boxes available with a referral. Cost is \$20.
- Monday & Wednesday 10am-1pm; Tuesday & Thursday 12pm-4pm; Friday 12pm-2pm
- 100 Aspen Dr. – Behind the Quality Inn
- 928-283-6886

SCHOOLS Continued

TUBA CITY PRIMARY SCHOOL

- Grades K,1,2,3
- North Main Street
- 928-283-1020

TUBA CITY HIGH SCHOOL

- Grades 9, 10, 11, 12
- East Warrior Drive
- 928-283-1050

TUBA CITY UNIFIED SCHOOL DISTRICT

- 67 First Street
- 928-283-1000

SENIOR ACTIVITIES

MOENKOPI SENIOR CENTER

- Activities offered Monday-Thursday 8am-5pm
- Free lunches for those 55 and older or for those with disabilities

- Located in the North-East Hopi Housing Neighborhood – ¼ mile from Highways 264 & 160
- 928-283-8025

NAVAJO SENIOR CENTER

- Activities offered Monday – Thursday 8am-4pm
- Free lunches for those age 60 and older; fee for those under the age of 60.
- Lunches served Monday-Friday 12pm-1pm
- Maloney Street, west of the KFC
- 928-283-3465

FAMILY ASSISTANCE

AREA AGENCY ON AGING

- Kinship Financial Assistance - Financial assistance available to grandparents ages 60 or over raising grandchildren full time
- Respite - Relief to home-care providers for the elderly
- Foster Grandparent Program - Elder volunteers to work with children at the schools
- Senior Center Meals Program - Home delivery of meals to the less ambulatory
- Main Street, behind Fire Station #4 – across from KFC
- 928-283-3351

ARIZONA'S CHILDREN ASSOCIATION – KARE PROGRAM

- Support for Families Raising Relative's Children
- Information & Referral; Community Development; Fun Family Activities; Family to Family Connections
- We provide links to Support Groups, Trainings and Workshops
- 906 W. University Ave, Ste B-130, Flagstaff, AZ 86001
- 1-888-231-5910

COMMUNITY ACTION FOR CHILDREN AND YOUTH (CACY)

- Help for less fortunate families: clothing bank including blankets, toys, books and shoes
- Child sponsorship
- Annual 'Starts In The Desert' honoring our youth
- 928-856-4057

PARENTING ARIZONA

- Provides home visiting support for prenatal families and families with newborns.
- Support families in becoming the best parents they can be
- P.O. Box 3477, Tuba City, AZ 86045
- 928-283-4217

SUPPORT GROUPS Continued

WOMEN'S GENERIC12-STEP – ST. JUDE CATHOLIC CHURCH

- Support with substance abuse addictions
- Monday & Wednesday 6pm-8pm
- Meetings held in church rectory
- 100 Aspen Drive – Behind the Quality Inn
- 928-283-5391

YOUTH ACTIVITIES

OFFICE OF YOUTH DEVELOPMENT – BOYS AND GIRLS CLUB

- Recreational youth activities
- Youth employment services
- Job training
- Basketball league
- Free!
- Ages 6-18
- 210 S. Main Street, across from 7 to 11 gas station
- 928-283-3436

DISABILITY ASSISTANCE Continued

ASSIST! TO INDEPENDENCE

- Provides culturally relevant services to a cross-disability population.
- The Regional Resource Center of Assistive Technology
- The Center for Independent Living
- The Special Needs Toy Lending Library
- The Functional Assessment Clinic
- The Sensory Integration Program
- Double wide trailer located in the southeast corner of the parking of Tuba City Indian Medical Center, right across from the Family Wellness Center
- 928-283-6261 or 928-283-6672 (Voice/TTY)

DEPARTMENT OF DEVELOPMENTAL DISABILITIES – AZ DEPT. ECONOMIC SECURITY

- To support the choices of individuals with disabilities and their families by promoting and providing, within communities, flexible, quality, consumer-driven services and supports.
- 264 Main St.
- 928-283-4520

GROWING IN BEAUTY

- Provides the initial intake and evaluation for infants and toddlers with special needs who need specialized services.
- Works with Dept. of Developmental Disabilities, AZ Early Intervention Program and the AZ State for Deaf and Blind
- Dookoosliid professional building. Ste #105
- 928-283-3362 or 928-283-3485

NOTES

BEHAVIORAL HEALTH

BEHAVIORAL HEALTH

- Out Patient substance abuse treatment
- Referrals to inpatient treatment centers
- Prevention services
- Children, adolescents and adults
- Accepts AHCCCS and private insurance, but will *not* turn anyone away due to inability to pay!
- On Main Street, across from the Medical Center in the “old hospital” – bldg 25
- **928-283-3346**

CHAPTER HOUSE

TUBA CITY CHAPTER HOUSE - TO'NANEES'DIZI

- Conducts monthly meetings to keep residents informed; residents have a forum to express their opinions to their Navajo Nation Council Delegate or to decide on matters concerning their chapter
- 220 South Main Street

- 928-283-3284

DISABILITY ASSISTANCE

ALPINE RESOURCES

- Provides services for children with developmental disabilities
- Home-based services: in-home respite, attendant care, skill building
- Tonaali Day treatment and training program – can be used as therapeutic after school care
- Summer program
- 24 Yellowman’s Trailer Park
- 928-283-4653 or 928-527-8489

NOTES

DISABILITY ASSISTANCE Continued

VOC REHAB

- Provides vocational rehabilitation services for people with disabilities.
- Assist with employment and career opportunities
- Assists with training and assistive technology, if needed
- Dookooslid professional building. Ste #105
- 928-283-3481

DOMESTIC VIOLENCE ASSISTANCE

TUBA CITY SOCIAL SERVICES

- Provides child protective services for abused and neglected children, family counseling and referrals to other domestic violence prevention resources.
- Pine Street
- 928-283-3271

EMERGENCY SERVICES

POLICE

- Main Street
- 928-283-3111

EMPLOYMENT SERVICES

VOC REHAB

- Provides vocational rehabilitation services for people with disabilities.
- Assist with employment and career opportunities
- Assists with training and assistive technology, if needed
- Dookooslid professional building. Ste #105
- 928-283-3481

SOCIAL SERVICES

- **FAMILY SERVICES:** Counseling, protective services, court intervention and foster care
- **ADULT IN HOME CARE & HOME CARE SERVICES:** Provides chore services, general housecleaning and transportation
- **CHILD CARE SERVICES:** Centers providing services at a minimal cost
- **FINANCIAL / CASH ASSISTANCE:** General assistance, TANF, CSBG and LIHEAP
- **FAMILY VIOLENCE PREVENTION AND SERVICES ACT:** Provides services to victims of family violence and their dependents
- **NAVAJO TREATMENT CENTER:** Coordinates services to children and families, specifically who are at risk or who have been victimized by child sexual abuse and neglect.
- 928-283-3250 or 283-3280 or 283-3266

SUPPORT GROUPS

MOTHERS AGAINST METH (MAMA)

- Yvonne Hoosava
- 928-283-6231

PARENTS' ANONYMOUS

- Parenting support group
- Mondays 1pm-2pm
- Located at Behavioral Health Department: -On Main Street, across from the Medical Center in the "old hospital" – building 25
- 382-283-4217

SUBSTANCE ABUSE CONSULTANT/MENTOR

- Jeremy King
- 928-283-6231

FAMILY ASSISTANCE Continued

PARENTS' ANONYMOUS

- Parenting support group
- Mondays 1pm-2pm
- Located at Behavioral Health Department: -On Main Street, across from the Medical Center in the "old hospital" – building 25

- 283-283-4217

TUBA CITY FAMILY AND CHILDREN SERVICES

- Provides child protective services for abused and neglected children, family counseling and referrals to other domestic violence prevention resources.
- Pine Street
- 928-283-3271

FINANCIAL ASSISTANCE

AREA AGENCY ON AGING

- Kinship Financial Assistance - Financial assistance available to grandparents ages 60 or over raising grandchildren full time
- Main Street, behind Fire Station #4 – across from KFC
- 928-283-3351

OFFICE OF NAVAJO NATION SCHOLARSHIP & FINANCIAL ASSISTANCE

- Serves eligible Navajo people and provide them the opportunity to achieve their educational goals. This opportunity is provided as a privilege with the intent that recipients, upon graduation, will return to the Navajo Nation to apply their learning to benefit the continuing development of the Navajo Nation.
- Tuba City Agency – Bureau of Indian Affairs, Western Navajo Agency Administration
- Building No. 407, Rooms 112-117
- (866) 839-8151

SCHOOLS Continued

MOENKOPI DAY SCHOOL

- Grades kindergarten-6
- Highway 264 & 160
- 928-283-5361

HOPI HEAD START

- Pre-school for children ages 3-5
- Free to low income families
- Parent programs offered
- Village of Moenkopi
- 928-283-3223

NAVAJO HEAD START

- Pre-School for children ages 3-5

- Home-based program available
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- Programs for children with disabilities
- 230 S. Main Street
- **928-283-3223**

TUBA CITY BOARDING SCHOOL

- Grades k-8
- 306 Main Street
- **928-283-2338**

TUBA CITY JUNIOR HIGH SCHOOL

- Grades 7-8
- North Main Street
- **928-283-1040**

TUBA CITY MIDDLE SCHOOL / EAGLES NEST

- Grades 4, 5, 6
- North Main Street
- **928-283-1030**

FOOD ASSISTANCE Continued

SOUP KITCHEN – ST. JUDE CATHOLIC CHURCH

- Hot meal available to all
- Every Friday 2pm-5pm
- 100 Aspen Dr. – Behind the Quality Inn
- **928-283-5391 or 928-283-5062**

HOUSING ASSISTANCE

NAVAJO HOUSING AUTHORITY

- Section 8 Housing voucher program
- Mortgage program
- Yucca Drive, near Edgewater
- **928-283-5500**

LAW ENFORCEMENT

TUBA CITY POLICE DEPARTMENT

- **928-283-3111**

LEGAL ASSISTANCE

DNA – PEOPLE’S LEGAL SERVICES

- Non-profit Native American legal services program.
- Free legal assistance to eligible low-income clients with civil legal problems (not criminal).
- Services: Family, education, consumer, housing, health care, public benefits and employments
- Located in the Greyhills Academy: Dorm 1, 3rd Floor
- **928-283-5265**

PEACEMAKER PROGRAM

- Navajo legal system that utilizes traditional values and common law to resolve disputes between people.
- Tuba City District Court
- **928-283-3140 or 283-3143**