



## K.A.R.E. Internet Resources

### **AARP Grandparent Information Center (GIC)**

AARP maintains an online data base of various types of supports and resources to help grandparents and other relatives raising children. A free GIC newsletter is available in English and Spanish for grandparents who are raising grandchildren.

[www.giclocalsupport.org/pages/gic\\_newsletter\\_subscribe.cfm](http://www.giclocalsupport.org/pages/gic_newsletter_subscribe.cfm)

### **American Bar Association's Center on Children and the Law**

The ABACCL has a new Kinship Care Legal Research Center. This resource is intended to serve as a toolkit for attorneys, judges, and other child-serving practitioners working with kinship families and having difficulty navigating the complex existing and emerging legal issues.

[www.abanet.org/child/kinshipcare.shtml](http://www.abanet.org/child/kinshipcare.shtml)

### **Arizona Center for Disability Law: [www.acdl.com](http://www.acdl.com)**

toll-free 1-800-927-2260 (Voice or TTY). Requests for services and information are being taken from 9:00 a.m. to 1:00 p.m. on Monday, Tuesday, Thursday and Friday. While the ACDL does not have the resources to provide individual legal representation to every caller, the organization is committed to providing accurate disability-related legal information and advice to individuals who need their services and assistance.

### **Arizona Family Resource Guide for Families with Young Children**

The guide is online:

in English [www.azdhs.gov/phs/owch/pdf/azfrg\\_eng.pdf](http://www.azdhs.gov/phs/owch/pdf/azfrg_eng.pdf)

in Spanish [www.azdhs.gov/phs/owch/pdf/azfrg\\_span.pdf](http://www.azdhs.gov/phs/owch/pdf/azfrg_span.pdf)

**Arizona Health Sciences Library** at UA has launched 2 websites:

[www.azhealthinfo.org](http://www.azhealthinfo.org) - provides individuals and communities with health information at their fingertips

[www.azglocal.com](http://www.azglocal.com) - connects you with the health services you need in your local area



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### Autism websites:

Autism Speaks: <http://www.autismspeaks.org/>

First Signs: [www.firstsigns.org](http://www.firstsigns.org) screening tools and early awareness

Interactive Autism Network (IAN): [www.ianproject.org](http://www.ianproject.org)

Arizona Autism Support: [www.arizonaautismsupport.org](http://www.arizonaautismsupport.org) offers family support, online message board, a mentoring program, statewide outreach, parent training & education and advocacy services.

**Birth to Five Helpline** - 1-877-705 KIDS or 1-877-705-5437.

[www.swhd.org](http://www.swhd.org) Early childhood development specialists, registered nurses, disabilities specialists, early literacy specialists, and mental health counselors are available to answer questions about children ages birth to five. This is sponsored by the Arizona Institute for Early Childhood Development which is operated by Southwest Human Development, Inc. They now have extended hours.

**Community Health Resource Manual** - This free resource is from Children's Action Alliance. Download from [www.azchildren.org](http://www.azchildren.org)

### Daily Routines: Support and Information

PBS:

[www.pbs.org/wholechild/parents/little.html](http://www.pbs.org/wholechild/parents/little.html)

Keep Kids Healthy:

[http://www.keepkidshealthy.com/parenting\\_tips/discipline/importance\\_of\\_routines.html](http://www.keepkidshealthy.com/parenting_tips/discipline/importance_of_routines.html)

Child Well Being:

[http://www.childwellbeing.org/AtAGlance\\_pages/AAG-routine.html](http://www.childwellbeing.org/AtAGlance_pages/AAG-routine.html)

Zero to Three:

[www.zerotothree.org/site/PageServer?pagename=ter\\_key\\_social\\_routines](http://www.zerotothree.org/site/PageServer?pagename=ter_key_social_routines)

Cornell University Co-operative Extension:

[www.bits.civitas.org/content/Routine\\_DailyRoutines.pdf](http://www.bits.civitas.org/content/Routine_DailyRoutines.pdf)

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### Fetal Alcohol Syndrome

There is a beautiful booklet developed for parents that explains, gives basic information, and provides resources beneficial to families, other caregivers, teachers and healthcare workers. *Fetal Alcohol Syndrome: A Parents Guide to Caring for a Child Diagnosed with FAS* is available under downloads at [www.otispregnancy.org](http://www.otispregnancy.org)

**Fetal Alcohol Syndrome** is just one of the training modules available at no cost, online to volunteer organizations, professionals and the general public on the Arizona CASA Program website:

[www.supreme.state.az.us/casa/prepare/training.html](http://www.supreme.state.az.us/casa/prepare/training.html)

### Grandparents Raising Grandchildren

[www.clasp.org/publications/partnering\\_guardianship.pdf](http://www.clasp.org/publications/partnering_guardianship.pdf)

### National Child Welfare Resource Center

*Everything You Always Wanted to Know But Were Afraid to Ask* covered adoption assistance. Archives of the presentations are available on the website of the National Child Welfare Resource Center for Adoption: [www.nrcadoption.org](http://www.nrcadoption.org) (Additionally, sign up information for their electronic listserv and newsletter can be found at the bottom of the page.)

### Pregnancy Care Center, Inc

Oracle 520-896-9545, Winkleman 520-356-6015,

Email: [pregnancycenter1@yahoo.com](mailto:pregnancycenter1@yahoo.com)

Free pregnancy testing and educational resources on STD's, prenatal care and parenting. "Earn while you learn program" parenting classes that provide credits for baby supplies and other materials. Family diaper bank for babies, disabled and the elderly

### Timeless Parenting Advice for Toddlers through Teenagers:

[www.raisingmallsouls.com](http://www.raisingmallsouls.com)