

*"We cannot always build the future  
for our youth,  
but we can build our youth  
for the future."*

*-Franklin D. Roosevelt*

Working Together to Find New Resources for Families

Who built the seven towers of Thebes?  
The books are filled with the names of kings,  
Was it kings who hauled the craggy blocks of stone?  
In the evening when the Chinese wall was finished  
Where did the masons go?  
-Bertolt Brecht

These are hard economic times. The stories are mounting of families with insufficient resources. The people who construct the houses and new buildings, who serve us in hotels and restaurants, who stock the supermarket and department store shelves – many have lost or will lose their jobs in the coming year. With their jobs go health insurance, food security, child care and more. And it is not only the lower income service and construction industries where jobs are being lost, millions of people at all levels of education are now out of work.

The State of Arizona is implementing \$1.6 billion worth of budget cuts in 2009, reducing and eliminating many social services we have taken for granted.

As a program, the KARE Family Center is experiencing its share of hard times stories. Some families are leaving the state because birth children are being jailed or deported. Birth parents and grandparents overall are losing work or can't find work. Grandparents are taking in grandchildren in greater numbers, or coming back to take guardianship of a second and a third grandchild because of increased family stress. More than 25% of KARE's families survive on less than \$30000 a year. How can we help families with the resources you need for survival?

KARE is employing some new strategies.

- KARE staff have been preparing documents to show the impact that KARE's services have in keeping children raised by relatives out of the foster care system
- The KARE Ambassadors have been meeting with the Arizona's Children Association to learn more about fundraising opportunities for the KARE Center.
- KARE staff is looking around the community to see if there is a faith based organization, a club or society, a fraternity or sorority, that might want to help families at the KARE Center.

The KARE collaborators, Pima Council on Aging, Pima County Cooperative Extension, Department of Economic Security Division of Developmental Disabilities, Casey family programs and Arizona's Children Association, are meeting to identify all the resources each agency offers that may be of help in these times.

If you have a new idea or resource, share it with each other or with KARE staff. Together, we will find new opportunities and new ways to help one another!

-Laurie Melrood, KARE Director



You're invited  
to join in - **FREE**

**JOB CLUB**  
**TEENS 16 YRS ++**

**WHEN:** EVERY TUES FROM 3:00 - 5:00

**WHERE:** KARE CENTER; 4710 E. 29<sup>TH</sup> ST. BLDG 7

**WHO ATTENDS:** GRANDPARENTS, KIN, CLOSE FRIENDS AND YOUNG ADULT LOOKING FOR WORK

**WHAT TO BRING:** A DESIRE TO HAVE A JOB!  
WILLINGNESS TO GO GET IT!

**RSVP TO:** VERONICA, 323 -4476 X 112

SEE PAGE 2 FOR MORE INFORMATION

**La herida primordial-**

**El impacto de la separación de los niños de sus madres**

Anna Y. Loebe, Ed. D.

**jueves, 26 de marzo de 2009**

**6-9 p.m.**

(certificado de 3 horas de entrenamiento)

Limitado a 40 participantes

**Jeffers Building # 11 a cruzar del KARE Family Center**

**4710 E. 29<sup>TH</sup> St., Building 7**

**Para inscribirse y para reservar el cuidado de niños de dos años o más,**

**favor de llamar 323-4476, Ext. 100 antes del 20 de marzo.**

Esta presentación se basa en la primera sección del libro ***The Primal Wound- Understanding the Adopted Child*** (1993) por Nancy Newton Verrier y en las experiencias personales como madre adoptiva de la presentadora. Se describirá la **herida primordial** que se experimenta por personas que han perdido a sus madres a través de la muerte, el abandono, or por la intervención del sistema judicial civil. La presentación identificará cómo se manifiesta la herida en comportamientos y se ofrecerán sugerencias para responder a los comportamientos difíciles con más comprensión, compasión, y paciencia.

**FREE Powerful Families in the EVENING** training at KARE wants you to discover new ways to manage your finances and discover ways to strengthen your family.

\* **Financial literacy:** Make appropriate decisions in managing your personal finances. In these difficult economic times this class is for you.

Classes start Tuesday, April 7<sup>th</sup> 2009 6:30-8:30 PM.

To register or for more information call ext. 107

**GRATIS Familias Poderosas** es un programa gratis que lo asistirá a alcanzar su comprensión de

**Abogacía:** En este curso aprenderán como no recibir un NO por respuesta, como defenderse y exigir justicia, aprender como ser su propio abogado.

Las clases comienzan Martes, 7 de Abril de 2009. 9-11AM

Para registrarse o para mas información, llame a extensión 107.

**\*Se requiere mínimo de 6 alumnos para esta clase.\***

**March KARE College:**

**"Ask The Doctor"**

March 18, 2008 6:30pm-8:30pm

Presenter: Dr. Michael Mardis

Topics include: Dealing with children and their Behavioral Problems

Come ask the doctor questions that you have been wondering about the children you are caring for in a safe and comfortable environment.

Seating is limited, reserve now. Childcare available with registration .

Contact: Joseph, Ext 107

**How can YOU help youth prepare for their future?**

Stop and think about how the workplace has changed since your last job search. Were you required to apply for a job on the computer? Were you required to take a test on-line before your application could be submitted? Were you required to take an honesty test before employment? A drug test? Were you able to walk in to a personnel office and see someone "face to face"?

Many things have changed in just the past ten years about finding a job... and many things have changed about finding a career. How well prepared are you to help your youth with these changes? The KARE Family Center is pleased to offer the Job Club. Job Club is about helping grandparents, kin and close friends in assisting young people (16 & older) they are raising and/or supporting prepare for a job search and consider what career he/she may be interested in.

Grandparents, Kin, close friends and young adults will learn how strengths, talents and characteristics relate to careers; complete a sample application; complete a resume; complete on-line applications; practice interviewing skills; learn how to work a job fair; find jobs in the "hidden job market"; and do follow up with employers.

WHERE: KARE Center

WHEN: Tuesday afternoons

WHO: Grandparents, kin, close friends and young adult seeking job.

TIME: 3:00 – 5:00 pm

CONTACT: Veronica Granmo, 323-4476 x 112

**Consider this research:**

- \* **Caregiver's attitudes about school and work have long term impact on your children's choices, decisions and plans.**
- \* The average person in the U.S. holds around nine jobs from the age of 18 – 34. (That's a LOT of job searching!)
- \* On-line hiring now EXCEEDS networking as the #1 method of obtaining a job.
- \* Technology is critical in almost every sector of the economy. As technology changes, workers must be able to change with it.

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>MARCH 2009</b>	2 Grupo de Apoyo Mutuo para Familias Criando Niños de parientes 5:30—7:30 pm Hable con Sandra ext.111	3 Kin-Support Group 9- 11 am Familias Poderosas 9-11:00 AM Healthy Living class/Vida Saludable 11:30-1:00 Call ext 109 KARE Advisory Council 3:30-5:00 pm Teen Job Club 3-5pm Ext. 112	4 Guardianship Clinic 8:30 am TANF Benefit Application Clinic 11:30 a m	5 Kin-Support Group 9- 11 am 4-H Group 4: 00-5:30PM Call Maureen 626-5161	6 Marana Support Group Marana Library Meeting Room 10am-12pm Spa Night 5:30—8:30 pm Ext 107 Las Fridas Art Class 10-12pm Ext 100	7	
	9 Support Group for Caregivers 5:30-7:30 PM Call Laurie ext102	10 Kin-Support Group 9- 11 am Familias Poderosas 9-11:00 AM ULTIMA CLASSE DE SESION Healthy Living Class/Vida Saludable 11:30-1:00 Call ext 109 Teen Job Club 3-5pm Ext. 112 Support group at San Xavier -Education Center 6-7:30 PM Call ext. 107 PAFT Adoption Support Group 6:30-8:30PM Call Julie at 954-8879	11 Guardianship Clinic 8:30 am TANF Benefit Application Clinic 11:30 a m KARE Legal Information Clinic 6:00-9:00 PM (bring your papers) ext. 100 to sign up	12 Kin-Support Group 9- 11 am Clínica de Tutela Legal 9:00-11:00am Clínica de DES/TANF 11:30AM 4-H Group 4: 00-5:30PM Call Maureen 626-5161	13 Santa Cruz School Support group 8-9:30 AM Call Sr. Ellen Pachmayer 617-0827 Las Fridas Art Class 10-12pm Ext 100 Guardianship Annual Report Training 11-12 pm Call ext. 100 Shooting Stars & Outmates 5:30—7:30 pm	14	
	15	16 Grupo de Apoyo Mutuo para Familias Criando Niños de parientes 5:30—7:30 pm Hable con Sandra ext.111	17 <b>ST. PATRICKS DAY</b> Kin-Support Group 9- 11 am Healthy Living class/Vida Saludable 11:30-1:00 Call ext 109 Teen Job Club 3-5pm Ext. 112	18 Guardianship Clinic 8:30 am TANF Benefit Application Clinic 11:30 a m KARE College 6:30-8:30PM Call ext 107 (see pg. 2)	19 Kin-Support Group 9- 11 am S. Az Coalition GRG U of A Co-op Extension. 10:00—11:30 AM Call 626-5161 for more info 4-H Group 4: 00-5:30PM Call Maureen 626-5161	20 <b>SPRING BEGINS</b> Green Valley Support Group Conrad Joiner Library Green Valley Branch 10:00 AM -1:00 PM Lunch and childcare provided Ext. 109 Las Fridas Art Class 10-12pm Ext 100	21
	22	23 Support Group for Caregivers 5:30-7:30 PM Call Laurie x102	24 Kin-Support Group 9- 11 am Healthy Living class/Vida Saludable 11:30-1:00 Call ext 109 Teen Job Club 3-5pm Ext. 112	25 Guardianship Clinic 8:30 am TANF Benefit Application Clinic 11:30a m Guardianship or Adoption Training 6:00-8:30 PM Call ext 100 to RSVP	26 Kin-Support Group 9- 11 am 4-H Group 4: 00-5:30PM Call Maureen 626-5161 "La herida primordial" 6:00—9:00 PM Ext. 100	27 Las Fridas Art Class 10-12pm Ext 100 Shooting Stars & Outmates Ext 108 5:30—7:30 pm	28
29	30	31 Kin-Support Group 9- 11 am Healthy Living class/Vida Saludable 11:30-1:00 Call ext 109 Teen Job Club 3-5pm Ext 112					

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>APRIL 2009</b>			1 Guardianship Clinic 8:30 am  TANF Benefit Application Clinic 11:30 a m	2 Kin-Support Group 9- 11 am  4-H Group 4: 00-5:30PM Call Maureen 626-5161	3 Marana Support Group Marana Library Meeting Room 10am-12pm  Las Fridas Art Class 10-12pm	4
	6 Grupo de Apoyo Mutuo para Familias Criando niños de parientes 5:30—7:30 pm Hable con Sandra ext.111	7 Kin-Support Group 9- 11 am  Healthy Living Class/ Vida Saludable 11:30-1:00 Call ext 109  KARE Advisory Council 3:30-5:00 pm  Teen Job Club 3-5pm ext. 112	8 Guardianship Clinic 8:30 am  TANF Benefit Application Clinic 11:30 a m  KARE Legal Information Clinic 6:00-9:00 PM (bring your papers) ext. 100 to sign up.  1st Night Passover	9 Kin-Support Group 9- 11 am  Clínica de tutela Legal 9:00 AM  Clínica de DES/TANF 11:30AM  Asistencia para el reporte anual de tutela legal 10-11 am Llame ext. 100  4-H Group 4: 00-5:30PM Call Maureen 626-5161	10 Good Friday  Santa Cruz School Support Group 8:00-9:30 AM Call Sr. Ellen Pachmayer 617-0827  Las Fridas Art Class 10-12pm Ext 100  Shooting Stars & Outmates Ext. 1085:30—7:30 pm	11
12  Easter Sunday	13 Support Group for Caregivers 5:30-7:30 PM Call Laurie x102	14 Kin-Support Group 9- 11 am  * NUEVA SESION * Familias Poderosas 9-11:00 AM  Healthy Living class/ Vida Saludable 11:30-1:00 Call ext 109  Teen Job Club 3-5pm Ext. 112  Support group at San Xavier - Education Center 6:00-7:30 PM Call ext. 107  PAFT Adoption Support Group 6:30-8:30PM Call Julie at 954-8879  NEW SESSION Financial Literacy 6:30-8:30 PM ext. 107	15 Guardianship Clinic 8:30 am  TANF Benefit Application Clinic 11:30 a m  KARE College 6:30-8:30PM Call ext 107 (see pg. 2)	16 Kin-Support Group 9- 11 am  S. Az Coalition GRG U of A Co-op Extension. 10:00—11:30 AM Call 262-5161 for more information  4-H Group 4:00-5:30PM Call Maureen 626-5161	17 Green valley Support group-Conrad Joiner Library Green Valley Branch 10:00 AM -1:00 PM Lunch and childcare provided Ext. 109  Las Fridas Art Class 10-12pm Ext 100	18
19	20 Grupo de Apoyo Mutuo para Familias Criando niños de parientes 5:30—7:30 pm Hable con Sandra ext.111	21 Kin-Support Group 9- 11 am  Familias Poderosas 9-11:00 AM  Healthy Living class/ Vida Saludable 11:30-1:00 Call ext 109  Teen Job Club 3-5pm ext. 112  Financial Literacy 6:30-8:30 PM ext. 107	22 Guardianship Clinic 8:30 am  TANF Benefit Application Clinic 11:30 a m	23 Kin-Support Group 9- 11 am  4-H Group 4: 00-5:30PM Call Maureen 626-5161	24 Las Fridas Art Class 10-12pm Ext 100  Shooting Stars & Outmates Ext 108 5:30—7:30 pm	25
26  PAGE 4	27 Support Group for Caregivers 5:30-7:30 PM Call Laurie x102	28 Kin-Support Group 9- 11 am  Familias Poderosas 9-11:00 AM  Healthy Living class/ Vida Saludable 11:30-1:00 Call ext 109  Teen Job Club 3-5pm ext. 112  Financial Literacy 6:30-8:30 PM ext. 107	29 Guardianship Clinic 8:30 am  TANF Benefit Application Clinic 11:30 a m  Tutela o adopción: un taller en español 5:30-7:30 PM Llame ext. 105  Guardianship or Adoption Training 5:30-7:30 PM Call ext 100 to RSVP	30 Kin-Support Group 9- 11 am  4-H Group 4: 00-5:30PM Call Maureen 626-5161		

### APRIL KARE College: WORKSHOP

"Balance is a verb: Three techniques for Creating Ease in your Life."

February 18, 6:00pm-8:00 PM

Presenter: Lynn Blankenship CLC.

Topics: Self Care vs. Care for others, Powerful ways of being and Questions for Clarity. Learn techniques for improving your well being.

Seating is limited reserve your seats. Childcare available with registration.

Contact: Joseph at ext 107.

### Creating Peace in Disrupted Lives

A special parenting class for kin and adoptive families raising children who have experienced separation, loss, illness (mental and physical) abuse and neglect, substance abuse and death.

The class will start Monday March 9th for 8 Mondays from 10 AM – noon.

Parents will learn and practice;

- \* attitudes and techniques that actually work with hurt children.
- \* "states of mind" that make it possible to actually use these attitudes and techniques.

To RSVP or more info, call Joseph at ext. 107.

Teacher/Trainer Nancy O'Kane LCSW  
20 years experience with Kin & Adoptive Families

### Health Check

Public Health Department Nurse  
Yumi Nishino visits KARE.

2nd Tuesday, 11:30 am to 2:30 PM

She will check your blood pressure, eye vision,  
and weight.

No appointment necessary.



Library books. If you have any KARE Center books could you please return them so others can read them. Thank you!

Congratulations to

Socorro Sastre

Mary Brooks

Jessie Hetherington

For receiving the 2008 Ruth Massinga Award Nomination Recognition for their distinguished work and dedication.

Way to go ladies!

### IMPORTANT INFORMATION

#### Guardianship Annual Report

If you received a Title 14 Guardianship, the one you get at the Superior Court Downtown, you now need to do an annual report. If you need assistance with this we can help! Guardianship Annual Report Clinics happen once every other month. The next clinic is January 9. Please call and sign up at extension 104.

### INFORMACION IMPORTANTE

#### Tutela Legal-Clase de reporte Anual

Si usted ha recibido tutela legal por medio del Tribunal Superior, el que se encuentra en el centro, ahora es necesario que cada año complete un reporte anual. Si usted necesita ayuda con las formas nosotros le podemos ayudar! Esta ayuda se da una vez cada dos meses en Español. La siguiente clase en Español será el 12 de febrero. Favor de llamar a extensión 100 para inscribirse para esta clase.

#### Green Valley Support Group

"Primal wound. The impact of loss on Children separated from birth Mothers presented by Anna Loebe in Friday, March 20.

Conrad Joiner Library Green Valley Branch  
10:30am to 1:00 pm.

Rsvp by March 17.

Lunch and child care is provided.

Spa Day in Green Valley at Friends in Deed on April 29.

301 W. Camino Casa Verde, Green Valley.

Acupuncturist, haircut, massage and more.

9:00am to 1:00pm

Limit space available. MUST rsvp by April 15.

Lunch and childcare is provided.

RSVP with Thelma at Ext. 109

Supported by Green Valley Country White Elephant Foundation.

### KARE GROUP POEM

She entered a room full of people.  
Each one with a story to share of children  
with sorrows and victories,  
Each trusting in us for their care.  
Each parent had something to offer.  
Not one had a regret in their choice.  
They simply had love for their family and  
here they could give that love a voice.  
Some share in the victories of good days  
and others in worries and tears.  
While others give love and embraces  
to those who've been through the  
trials and the fears, Regardless the  
burdens we carry.  
We all come together each week  
and lovingly share with each other  
to find the support that we seek.

By Gayle Wheeler

Former caregiver and member of Tuesday  
Morning support group.



**KARE Family Center**  
4710 E. 29th Street, Bldg 7  
Tucson, AZ 85711

A program of  
ARIZONA'S CHILDREN  
ASSOCIATION



Non-Profit  
Organization  
U.S. Postage  
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Tucson, AZ  
Permit No. 413

**KARE Center Mission:**

“To provide and enhance the safety, stability and well-being of kinship and adoptive families through education, advocacy and community organization.

Check us out on the web:

- <http://www.arizonaschildren.org/karecenter.htm> ( see Pima County )
- <http://www.casey.org/FriendsAndFamilies/Communities/CaseyOffices/Phoenix/KARE.htm>
- <http://cals.arizona.edu/grandparents/southern/kare/index.html>

Phone 520-323-4476 Fax 520-323-9830

Write: [KARES@arizonaschildren.org](mailto:KARES@arizonaschildren.org)

The KARE Family Center is a collaboration of Arizona 's Children Association ( a 501 ( C ) 3 tax exempt organization ) and

Casey Family Programs, Arizona Field Office. Other collaborators are:

\*Pima Council on Aging ( PCOA )

\*University of Arizona Cooperative Extension

\*Az Dept of Economic Security - Division of Developmental Disabilities, District

**Property Tax Refund**

**1. Did you rent or pay property taxes in 2008?**

- If you paid rent, you will need to obtain Form 201 to be completed and signed by the landlord
- If you paid property taxes, you will need to provide a copy of the property tax receipt

**2. Were you age 65 or older, or a recipient of SSI by December 31, 2008?**

**3. Was your 2008 income less than \$3,751 per person or \$5,501 for two or more persons in a household?**

**Do not include the following sources of income:**

- Social Security; Railroad Retirement, etc.

**4. Were you an Arizona resident for the entire calendar year of 2008?**

***If you answered "Yes" to all 4 questions you may be eligible for a Property Tax Refund.***

For more information call Thelma at ext. 109.  
Prepare and file all paperwork before April 15, 2009

**Reembolso de Impuestos de Propiedad**

**1. Usted alquilo o pago impuestos de propiedad en 2008?**

- Si usted alquilo, usted necesita obtener la Forma 201 que se llena y firma por el dueño de la propiedad.
- Si usted pago impuestos de propiedad necesita copia del recibo.

**2. Es mayor de 65 años, o recibe SSI antes del 31 de diciembre de 2008?**

**3. Fueron sus ingresos de 2008 menos de \$3,751 por persona o \$5,501 para dos o mas personas por vivienda?**

**4. Fue usted residente de Arizona el complete año de 2008?**

***Si la respuestas de estas 4 preguntas fue "SI" usted puede ser elegible para el Reembolso de Impuestos de Propiedad***

Para mas información comuníquese con Thelma, ext. 109.  
Prepare y entregue todos sus papeles antes del 15 de abril de 2009.