

Resources to Help Children Address Violence & Tragedy

The National Child Traumatic Stress Network:

Provides information on how to talk to children about mass shootings. This tip sheet describes ways to talk to children about mass violence events that involve shooting. It gives tips about how to start the conversation, common reactions children may have, and how to seek help if needed.

- <https://www.nctsn.org/resources/talking-children-about-shooting>
- https://www.nctsn.org/sites/default/files/resources//talking_to_children_about_the_shooting.pdf
- Psychological First Aid for Schools (PFA-S) Field Operations Guide
https://www.nctsn.org/resources/psychological-first-aid-schools-pfa-s-field-operations-guide%20?utm_source=facebook&utm_medium=image&utm_campaign=nctsn-rapid-response&utm_term=Uvalde&fbclid=IwAR0usL_tDfKks-wO0foolL4zgLkpV9PHhXS1UbUB_w3ik_Qt5a91FoYiWKIE

Sesame Street in Communities:

It's hard to know how to help young children understand and cope with the effects of violence, but there are ways to help them feel safer and more secure... and build hope for a more peaceful, kinder future.

- Video: <https://www.youtube.com/watch?v=WXtFhqIhWwo>

American Psychological Association:

As a parent, you may be struggling with how to talk with your children about a community shooting at a school or elsewhere. It is important to remember that children look to their parents to make them feel safe. This is true no matter what ages your children are, be they toddlers, adolescents, or even young adults.

- <https://www.apa.org/topics/gun-violence-crime/shooting-aftermath>

National Association of School Psychologists: Talking to Children about Violence: Tips for Parents and Teachers

- <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-safety-and-crisis/school-violence-resources/talking-to-children-about-violence-tips-for-parents-and-teachers>

Children's Books:

- *What to Do When the News Scares You: A Kid's Guide to Understanding Current Events (What-to-Do Guides for Kids)* by Jacqueline B. Toner
 - https://www.amazon.com/What-When-News-Scares-What/dp/1433836971?fbclid=IwAR3197o_hku-WTzCr_JUBXPRc8fC_VliS5innXL-HXuH93qUO99DCetQBCA
- Look Through Their Eyes (*list of several children's books*)
 - <https://lookthroughtheireyes.org/community-violence-can-lead-to-childhood-trauma/how-can-parents-help-their-children-deal-with-community-violence/>

PBS: Helping Children with Tragic Events in the News

- https://www.pbs.org/parents/thrive/helping-children-with-tragic-events-in-the-news?utm_campaign=&utm_content=1653430501&utm_medium=pbsofficial&utm_source=twitter&fbclid=IwAR0i7AcaqTagboQr3x-3v5uFZbU8YB3xMJyG_pbbRbcLnL7ZoPFb8isii6I

Fred Rogers Institute: Talking with Children about Difficult Things in the News

- <https://www.fredrogersinstitute.org/files/resources/7/respondingtodifficultcurrentevents2022.pdf>

KQED: How to Talk With Kids after a Traumatic Event

- <https://www.kqed.org/news/11764070/how-to-talk-with-kids-after-a-traumatic-event?fbclid=IwAR2Zy6RYzN9oxasCkaSmgKd9hFzEnknLHwNF19d5gZ71ochlgRThzUltuEo>